

ASIAN SCHOOL OF DEVELOPMENT AND CROSS -CULTURAL STUDIES & PHILIPPINE MISSIONARY INSTITUTE

Graduate Studies Center



MASTER'S DEGREE GRADUATE CERTIFICATE / GRADUATE DIPLOMA PROGRAMS IN TRANSFORMATIVE SPIRITUALITY

(2022)

Program Description

The Master of Arts in Transformative Spirituality is designed to assist a new generation of church leaders, practitioners, and educational leaders in learning, developing, practicing and teaching in the fields of spiritual formation, spiritual direction and spiritual mediation, leading to the deepening of relationships with God, self and others. The program equips students in the ministry of Christian caregiving through spiritually focused guidance with a view to bringing hope, healing and spiritual well-being to all levels of brokenness in the human condition. To this end, emphasis is placed upon an experiential knowing of the God who is revealed in Jesus Christ as Father, Son and Holy Spirit. Concomitant to the benefits of the program's design is the student's own personal transformation which in turn leads to the spiritual renewal of churches, communities and society as a whole.

1. GRADUATE CERTIFICATE: Completion of four courses for credit in the Transformative Spirituality Master's Degree program through the School of Graduate Studies at the Philippines Missionary Institute, ASDECS Center. See course descriptions and the full course requirements for the Master's Degree in Transformative Spirituality below. Cost: Developing Countries, PHP5000.00 per course. Developed Countries, US\$600.00 per course.

2. GRADUATE DIPLOMA: Completion of eight courses for credit in the Transformative Spirituality Master's Degree program through the School of Graduate Studies at the Philippines Missionary Institute, ASDECS Center. See course descriptions and the full course requirements for the Master's Degree in Transformative Spirituality below. Cost: Developing Countries, PHP5000.00 per course. Developed Countries, US\$600.00 per course.



3. FULL MASTERS DEGREE: Completion of 14 courses (42 Credit Hours) in the Transformative Spirituality Master's Degree program through the School of Graduate Studies at the Philippines Missionary Institute, ASDECS Center. See class descriptions below. Cost: Developing Countries, PHP5000.00 per course. Developed Countries, US\$600.00 per course.

Program & Course Requirements

- 1. The time frame for each online class meeting will be six weeks. Students must arrange their schedules accordingly so as to complete each course of study in a timely manner.
- 2. Requirements include:
 - a. Attendance as a cohort in once a week, five-week 3-hour class sessions. The sixth week is open for working on final papers. Students also meet weekly with a small group for processing and developing transformative community.
 - b. Completion of all readings and audio-visual assignments and a final paper.

Course Descriptions

Introduction to Christian Spirituality

Provides an understanding of the meaning and purpose of Christian spirituality. The course includes an historical review of Christian spirituality and seeks to help students go beyond the foundational elements of cognitive understanding of biblical and theological knowledge to experiential practices that teach how to create sacred space for God to work in transformative ways through the Holy Spirit in life and in ministry.

Spiritual Discernment for Life and Ministry

Lays the foundation for all aspects of spiritual formation through the learning of practical skills in the field of spiritual discernment. The course content prepares students to understand principles of spiritual discernment and shows how to experientially apply them both personally and in group settings. Particular emphasis is given to discerning the presence and activity of God in the process of decision-making.

Spiritual Life Rhythms for Transformation

Seeks to help students to develop a model for spiritual growth and character transformation that is both theologically grounded and practically applicable to everyday life and ministry service. Students will engage in in a variety of spiritual exercises designed to help them grow in their own personal love relationship with God. Emphasis is given to the student's personal development of spiritual life-rhythms that are foundational to the care of body, soul and spirit and which are essential aspects of living a life of wholeness in Christ and of preparedness for more effective participation in his ministry.

Spiritual Dynamics of Conflict: An Introduction

Introduces students to the Biblical framework and concepts of conflict dynamics as a way of understanding and addressing personal, interpersonal, corporate, and societal conflicts. Students will likewise be introduced to some of the methodologies and tools in dealing with the two major categorization of conflicts, namely, personal and interpersonal.

The Art and Practice of Spiritual Direction

Introduces students to the art and practice of the ministry of spiritual direction. Students will review the historical roots of spiritual direction, consider the differences between spiritual direction and counselling, coaching and mentoring and learn the nature and purpose of both individual and group spiritual direction in the context of spiritual discernment. Students will begin to administer and receive spiritual guidance from one another.

Spiritual Direction Practice

Provides students with hands on experience in both individual and group spiritual direction through the application of the principles of holy listening and spiritual discernment in actual spiritual direction scenarios. Students will learn to assist others in a very accepting, gracious and non-judgmental way to become more aware of the presence of God and his personal communication to them in life and to discover ways to respond to the voice of God and the movement of the Holy Spirit. (Pre-requisite: Foundations for the Art and Practice of Spiritual Direction).

Conflict Management and Spiritual Restoration

Reviews, explores and examines paradigms in understanding and addressing personal, corporate and societal conflicts. Students will be provided with skills and tools in dealing with various types of conflicts from a biblical perspective with the goal of paving the way for spiritual restoration to take place.

Foundations of Formational Prayer and Counseling

This course will present a brief insight to the neuro-biological connection between prayer and the healing journey. Students will be afforded opportunity to define and deal with personal and historically-based obstacles to transformation—emotional wounds and traumas, which may have led to dysfunctional behaviors. Students will begin practical prayer exercises and practices for spiritual and emotional healing.

Formational Prayer Practice

This course covers Christ-centered and biblically-based application and experience of in-depth group and individual practice of the principles covered in Foundations of Transforming Prayer. Students are given the opportunity to experience and facilitate inner healing prayer, increase personal awareness of the presence of God, develop a more personal and intimate relationship with God and others via a team-ministry model of Transforming Prayer. (Pre-requisite: Foundations of Transforming Prayer)

Spiritual Retreat Leadership

This course provides students with an in-depth understanding of the transformational value of spiritual retreats in the context of Christian spirituality and spiritual formation. Included are studies in the concept of rest and rejuvenation from both a biblical-theological perspective and an emotional/physiological perspective of the human condition. Students will also learn how to organize and direct various spiritual retreat formats.

The Art and Practice of Christian Mediation

The course is designed to introduce students to the principles of Christian mediation. Additionally, students will be taught how to apply the principles of Christian mediation in actual conflict situations, both in ministry and in the workplace.

Research Methods and Thesis Writing

A review of research methodologies both quantitative and qualitative, with special attention to various research methods common in the fields of spiritual formation, spiritual direction and conflict management.

Thesis Writing (2) or Non-thesis project (2)

Total Courses: 14 (42 Credit Hours)

For Further Information & Inquiries

In the USA, Caribbean, Latin America: Dr. Larry Hinkle / <u>larryhinkle.oic@gmail.com</u> In Asia, Europe, Middle East: Dr. Rey Taniajura / <u>rey_taniajura@yahoo.com</u> International Program Coordinator: Ms. Gracie Johnson / <u>gfnj57@gmail.com</u>

PROGRAM OF STUDIES: M.A. in Transformative Spirituality

FOUNDATION COURSES (12) UNITS

Introduction to Christian Spirituality Spiritual Discernment in Life and Ministry An Introduction to the Nature and Dynamics of Conflicts Life Rhythms for Transformation

CORE COURSES (21 units)

The Art & Practice of Spiritual Direction Spiritual Direction Practice Spiritual Retreat Leadership

Foundations of Formational Prayer in Counseling. Formational Prayer in Counseling Practice

Restorative Justice and Conflict Management The Art and Practice of Christian Mediation

RESEARCH SUBJECTS AND THESIS (6-UNITS)

Research Methods and Thesis writing or non-Thesis project in Spiritual Leadership, Christian Spirituality and Formation

ELECTIVES (3-UNITS)

Retreat attendance in any one of the following: Experiencing the Trinity A Journey to Wholeness

TOTAL UNITS REQUIRED: 42

Accreditations and Recognition: SEC Reg. No.37698 CHED GR -049 series of 2001 Duly Accredited by Philippine Council for NGO Certification Accredited by the Bureau of Immigration (BI) Member of Association of Christian Schools Colleges and Universities (ACSCU) and Philippine Association of Bible and Theological Schools (PABATS)

PMI CORE

VALUES

Truth

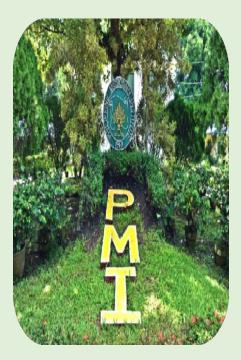
Faith

Competence

Integrity

For more information, email Secretary of the Graduate Studies Center, Ms. Vicky Constantino at <u>victory80264@gmail.com</u> Asian School of Development and Cross-Cultural Studies and Philippine Missionary Institute

Graduate Studies Center



A BULLETIN OF INFORMATION

For the

MASTER OF ARTS IN

Transformative Spirituality

An Ecclesiastical Degree Program

PHILIPPINE MISSIONARY INSTITUTE SCHOOL OF GRADUATE STUDIES FACULTY IN TRANSFORMATIVE SPIRITUALITY



Dr. Rey Taniajura is the current Academic Dean of the graduate school of Asian School of Development and Cross-Cultural Studies/Philippine Missionary Institute. He has MA and PhD degrees from the University of the Philippines. He also has seminary degrees in biblical studies and pastoral ministry and an international diploma in restorative justice from Queens University in Ontario, Canada. As an academician he has taught in several seminaries and colleges such as the International Graduate School of Leadership (IGSL), Asia Pacific Nazarene Theological Seminary (APNTS), Alliance Graduate School (ABS), Asian Theological Seminary (ATS) and William Carey International University (WCIU) in Pasadena, California, USA.



Dr. Larry Hinkle is the founding director of the Odyssey in Christ international retreat and seminar ministry. He has served for over 35 years in pastoral ministry and teaches classes in Christian Ministry and Spiritual Formation at Grace Communion Seminary and currently serves as Professor of Transformative Spirituality at the Graduate Studies Center Asian School of Development and Cross-Cultural Studies and the Philippine Missionary Institute. As a retreat leader and trained spiritual director, Larry's passion is to help believers in leadership to know God better and to experience his love, presence and empowerment more fully in their personal lives and in their ministry.



Gracie Johnson has worked as a paralegal and holds a Master's degree in Human Resources and a Post Masters Certificate in Education as well as having completed doctoral level studies in the fields of Human Services and Counseling. Additional studies include a certificate in Advanced Healing Prayer from the Institute of Formational Counseling at Ashland Theological Seminary. Having been the recipient of inner healing through Transforming Prayer, her desire is now to pass on that transformational experience to others. She has a particular passion for serving the spiritual and character-building needs of young people. Gracie is also a member of the OIC Board of Directors.



Dr. Lori Immel has her Doctorate in Ministry from Ashland Theological Seminary, Ohio, in the field of Formational Counseling. Her focus is Spiritual Formation, facilitating group spiritual direction, pastoral counseling, and spiritual retreats. She has her Masters in Practical Theology and a Masters Certificate in Formational Prayer. Lori serves as adjunct faculty in the Transformative Spirituality Master's Degree program in the School of Graduate Studies at the Philippines Missionary Institute and has served on OIC ministry teams both in the U.S. and internationally. She enjoys inviting others to intimate relationship with God via prayer. Lori often says, "As we take our position with Christ in the heavenlies, we are learning to walk on water!"

Masters in Transformative Spirituality Some Student Testimonials

"I am grateful to the professors in this program because of how they live life consistent to what they teach. I heard about transformative spirituality when I attended OIC retreats and I heard Dr. Hinkle frequently quotes Psalm 46:10, "Be still and know I am God," and St. Irenaeus, "The glory of God is Man Fully Alive." After the OIC retreats, I found myself doing this master's program to understand and experience deeper these two quotations. Through the practice of meditation, contemplation, and other spiritual practices in our classes I experienced God and experienced prayer I had never imagined possible, and I was healed and transformed. I realized and became aware of myself that it was never a self I simply dream up and decide I'd like to be. It is always from the beginning the only self that I actually am in Christ- to know God, to know myself and others [my neighbor]. In this knowing, it is a journey of greater freedom, toward intimacy with God who is love."

"When we enrolled and joined in this MASTER OF ARTS IN TRANSFORMATIVE SPIRITUALITY course, I thought it is the normal cognitive-based, academic and informative style of learning, but to my great surprise, I felt I am in a family that I had been longing to be with, I found freedom to open-up my heart when I sensed that we are gathering for a conversation that addresses life's real hunger – GOD."

"During this class I get to declutter and re-arrange my life, It is like therapy for me, when I feel like I am intentionally creating a space in my life to receive newness from God. When I free up and make room for God, I can free up my eyes, there's also a clearing that happens in what my mind and heart hold. . . Isaiah 43:19 says "Behold I am about to do something new," I thank this class and the Lord, for He is slowly making me into something new, completely new, not a version or label that I formerly believed. "

"Intensive reading and reflection on the materials was a challenging moment for me in finding ways to behold the impressiveness of the revelation embedded in each page of the references. It . . . not only fired my mind but my heart as well. A new sense of spiritual direction is being birthed in my soul. As I discover my spiritual identity and enjoy the gift of being myself, my restless heart will continue to discover my deepest desire that will lead to my true spirituality."

"I am so grateful to have been given the chance to consider this MA in Transformative Spirituality. And if this module is going to be an indication - I am so looking forward to doing the other modules!"