

Creative Commons by Ralph Maughan (Own work) [CC BY-SA 2.5], via Wikimedia Commons

The Odyssey in Christ Deeper Walk Retreat provides participants with experiential knowledge and understanding of spiritual formation practices that enhance a more personal and intimate relationship with God. As Christians develop a deep and abiding communion with the Trinity, they are better prepared for joining Jesus in his ministry of love to the world. Addressed throughout the retreat experience are the following general themes: The Spirit of the Disciplines, The Spiritual Practices of Jesus, and the Development of a Personal Spiritual Life Rhythm.

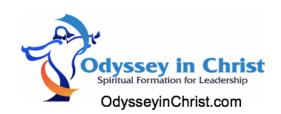




Personal Spiritual Life Rhythm

## What You Can Expect to Learn and Experience

- A Greater Awareness of the Presence of God in Daily Life
- How to Hear God's Voice Through Meditative Prayer
- An Understanding of the Spiritual Practices of Jesus
- How to Cultivate an Intimate Personal Relationship with God



"When you call on me, when you come and pray to me, I'll listen.
"When you come looking for me, you'll find me.
"Yes, when you get serious about finding me and want it more than anything else, I'll make sure you won't be disappointed."

Jeremiah 29:12-14, MSG

## **Retreat Schedule**

| Day One:    | Friday Evening                 |             |                              |
|-------------|--------------------------------|-------------|------------------------------|
| 5:30-7:00   | Dinner & Introductions         | 3:30-3:45   | Break                        |
| 7:00-7:15   | Praise & Worship               | 3:45-4:45   | Listening to Jesus in Prayer |
| 7:15-745    | Orientation                    | 4:45-6:00   | Creative Expressions         |
| 7:45-8:15   | My Spiritual Practices         | 6:00-7:00   | Dinner                       |
| 8:15-8:30   | Break                          | Evening     | Creative Expressions         |
| 8:30-9:15   | Power of Silence & Solitude    | Day Three:  | Sunday                       |
| Day Two:    | Saturday                       | •           | •                            |
| 8:00-9:00   | Drookfoot                      | 8:00-8:45   | Breakfast                    |
| 9:00-9:15   | Breakfast<br>Communion         | 8:45-10:00  | Spiritual Life Rhythms       |
|             |                                |             |                              |
| 9:15-10:15  | Spiritual Disciplines Overview | 10:00-11:00 | Travel to Church             |
| 10:15-10:30 | Break                          | 11:00-12:30 | Sermon Message               |
| 10:30-11:45 | Spiritual Practices of Jesus   |             | "Emotionally Healthy         |
| 11:45-12:30 | Spiritual Journaling           |             | Spirituality"                |
| 12:30-1:30  | Lunch                          |             | Communion Service            |
| 1:30-2:30   | Sacred Reading of Scripture    |             | Communion Service            |
| 2:30-3:30   | Discernment in Creation        | 12:30-1:30  | Lunch                        |

For Registration & Lodging Details: doug.johannsen@gci.org (612) 850-6018