

Need a day for
Spiritual Renewal?

Wondering how
to get away?

The Odyssey in Christ Personal
Online Guided Retreat may be
the option that fills your need.

Benefits

Spiritual Director Supervision

Personal Guidance &
Consultation

Resources for Ongoing
Spiritual Development



Odyssey in Christ

Spiritual Formation for Leadership

OdysseyinChrist.com

Personal Online Guided Retreats

*"Get away with me and you'll recover your life.
I'll show you how to take a real rest."*

Matthew 11:28 MSG





Retreat Experience

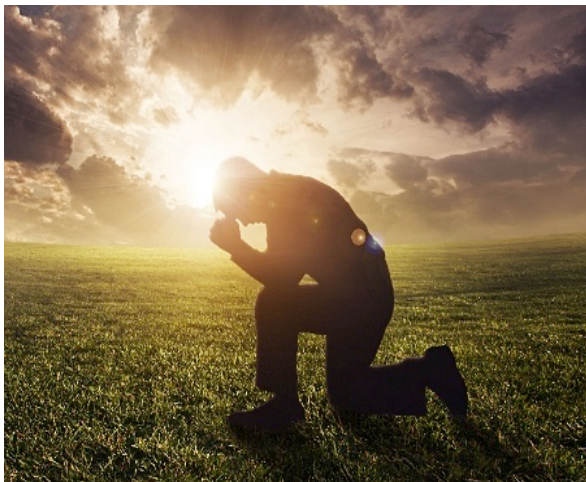
"I highly recommend the online one day retreat. The guide is filled with resources that position you to open your sails to let the wind of the Spirit fill you and guide you. The orientation at the beginning is extremely helpful. It gives you an idea of how to prepare beforehand to be more fully present to the Holy One. The rhythm of the schedule is flexible."

The Spiritual Need

Wayne Muller, author of *Sabbath: Finding Rest, Renewal, and Delight in Our Busy Lives*, relates that we have lost the natural rhythms of life by supposing that action and accomplishment are a high priority over any concept of real rest. In our driven lives we are "seduced" by the promises for more of everything we want. Even when we have the good and sincere intentions of serving others, succumbing to the pressure of frantic over-activity causes suffering for all concerned.

The Life Rhythm of Retreat

Jane E. Vennard in *Be Still, Designing and Leading Contemplative Retreats*, writes that there is a longing on the part of many in our culture to simply get away on retreat. Spiritually focused retreats open up time and space for participants to hear the still, small voice of God by listening, waiting, receiving, and simply "being" in the presence of God. Making this experience a part of our lives opens the door for a more personal and intimate relationship with the God who heals, restores, and transforms.



The Practice

An Odyssey in Christ spiritual director will meet with you on three separate occasions: 1. A pre-retreat meeting to help you design your retreat focus and schedule. 2. Midway during the retreat for an hour of spiritual direction. 3. At the end of your retreat time to help you process the experience and to consider future steps you may want to take in your ongoing spiritual journey.

To Schedule Your Retreat

Contact Dr. Larry Hinkle at
Office@OdysseyinChrist.com